









WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Shish kebab in a pitta with baked wedges	 Pork meatballs with wholemeal pasta	Roast gammon with creamy mash potato & gravy	Chicken korma with 50/50 rice	Fish cake served with chips
Vegetarian Main dish	Macaroni cheese	 Quorn™ lasagne with herb bread 	 Vegetarian cottage pie	 Quorn™ tikka masala with 50/50 rice	 Quorn™ burger with chips
Accompaniments	Seasonal vegetables Salads Fresh homemade bread	Seasonal vegetables Salads Fresh homemade bread	Seasonal vegetables Salads Fresh homemade bread	Seasonal vegetables Salads Fresh homemade bread	Baked beans Salads Fresh homemade bread
Desserts	Sticky toffee pudding with custard	Shortbread	 Chocolate brownie	Raspberry buns	Ice cream
Fresh fruit or yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato	Choose at the counter Baked Beans, Cheese or Tuna Mayo	Choose at the counter Baked Beans, Cheese or Tuna Mayo	Choose at the counter Baked Beans, Cheese or Tuna Mayo	Choose at the counter Baked Beans, Cheese or Tuna Mayo	Choose at the counter Baked Beans, Cheese or Tuna Mayo

